



**VENTURA COUNTY AREA AGENCY ON AGING
SERVICES FUNDED THROUGH VCAAA – FY2017-2018**

(July 1, 2017 - June 30, 2018)



VCAAA SERVICE	PROJECT DESCRIPTION	CONTACT INFORMATION
ADRC	The <i>Aging & Disability Resource Center</i> (ADRC) empowers older adults to make informed choices and to streamline access to long-term support. This program integrates points of entry to create community-wide service systems that reduce consumer confusion and build consumer trust and respect by enhancing individual choice and informed decision making.	Ventura County Area Agency on Aging (805) 477-7310 or 1-800- 434-0222 <i>within Ventura County</i> (toll free). Or Visit: www.vcaaa.org or 646 County Square Drive, Ste 100 Ventura, CA 93003
BENEFIT ENROLLMENT CENTER	The <i>Benefits Enrollment Center</i> provides a one-stop shop to help low-income seniors throughout Ventura find and apply for public benefits programs to help them pay for prescription drugs, medical care, food and utilities.	Ventura County Area Agency on Aging (805) 477-7310 or 1-800- 434-0222 <i>within Ventura County</i> (toll free). 646 County Square Drive, Ste 100 Ventura, CA 93003
CARE MANAGEMENT–MSSP	<i>Care Management</i> for seniors aged 65+, low income and on Medi-Cal with no share of cost who are eligible for nursing home placement and who prefer to remain at home. Provides assessment, care management, referrals and purchased services as needed and available.	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or (805) 477-7300 or elder.help@Ventura.org
CARE TRANSITIONS PROGRAM	<i>CTP</i> is a short-term (30-day) program to assist discharging hospital and skilled nursing patients with learning self-management skills as they transition back home. The goal is to empower patients to manage their medical conditions and reduce high risk hospital readmissions.	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or (805) 477-7325
Elder Abuse XE	Provides elder and dependent adult abuse victims with emergency shelter and assistance, transportation, respite care (for caregivers to attend court proceedings), counseling, and referral services.	Donna Caskey Elder Abuse Program Coordinator Donna.Caskey@ventura.org (805) 477-7317
FALL PREVENTION	The <i>Fall Prevention</i> Program has two main components: 1) Referrals from Emergency Response & Emergency Department staff of people who have fallen 2) VCAAA reaches out to individuals (and/or their families) to provide services to prevent a fall or to prevent another fall. The Evidence-Based classes are Matter of Balance; Tai Chi; and Stepping On; Walk With Ease.	Ventura County Area Agency on Aging (805) 477-7310 or 1-800- 434-0222 <i>within Ventura County</i> (toll free). Or visit 646 County Square Drive, Ste 100 Ventura, CA 93003
INFORMATION AND ASSISTANCE	Links persons aged 60 and over (and their families and caregivers), who are in need of assistance, to the appropriate programs and services in their communities that can help solve the problems faced by older adults. This is considered the entry point/introduction to the services system network.	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or (805) 477-7300 or LOIS.VCAAA@Ventura.org

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HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)	The purpose of <i>HICAP</i> is to provide free unbiased counseling and community education on Medicare A, B, C, & D. HICAP completes comparisons on all products of C & D, retiree/employer Group vs. Medicare. HICAP resolves billing issues, and helps apply for appeals. HICAP's speaker bureau gives presentations on <i>Medicare 101, Prevention Services, Long Term Care</i> , on all aspects of Medicare products, and on Medicare changes for the new year. HICAP gives advice regarding healthcare insurance options for those contemplating retirement.	Ventura County Area Agency on Aging (805) 477-7310 or 1-800- 434-0222 <i>within Ventura County</i> (toll free). Interested parties may also call their local senior center to make an appointment.
HOMESHARE	<i>HomeShare</i> is a housing program that matches people looking for housing with people that have extra space and are looking for a roommate. The process includes an application, an interview, inspection of a home provider's property, and background checks and follow-up.	HomeShare 805-477-7324 home.share@ventura.org
HOUSING+	<i>Housing+</i> is a case management program in partnership with the Housing Authority City of San Buenaventura to provide supportive services to its older adult and younger disabled adult residents.	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or Denise Noguera (805) 477-7300
IN-HOME SERVICES ①	<i>ElderHelp Program In-Home Services</i> provide personal care, homemaker, chore, food boxes, emergency material aid, minor home repairs, modifications, and/or security devices to frail seniors.	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or (805) 477-7300 or elder.help@Ventura.org
SNAP-ED	The <i>Supplemental Nutrition Assistance Program-Education</i> (SNAP-Ed) program provides evidence-based nutrition education and obesity prevention services to older adults age 60 and older at eligible Title IIIC congregate nutrition sites and other venues. Eat Smart, Live Strong is the evidence-based program designed to improve fruit and vegetable consumption and physical activity among able-bodied, 60-74 year olds participating in or eligible for Food and Nutrition Service (FNS) nutrition assistance programs. The intervention is designed to help nutrition educators working with FNS programs and in communities deliver science-based nutrition education to the growing number of low-income older adults.	Ventura County Area Agency on Aging (805) 477-7310 or 1-800- 434-0222 <i>within Ventura County</i> (toll free). Interested parties may also call their local senior center.
TRANSPORTATION ②	<i>ElderHelp Transportation</i> program provides Dial-A-Ride Tickets (i.e. paratransit) and/or <i>Fixed Route Bus Tickets</i> for non-emergency medical appointments, shopping, visiting family, etc. Limited, free transportation to medical appointments for low income and frail seniors, and/or disabled adults unable to use the bus (for example clients requiring gurney transportation).	Ventura County Area Agency on Aging 1-800-510-2020 <i>within Ventura County</i> (toll free) or (805) 477-7321 or elder.help@Ventura.org

GRANTEE- PROVIDED SERVICE	PROJECT DESCRIPTION	CONTACT INFORMATION
CASE MANAGEMENT– SOCIAL MODEL ③	Social model case management for seniors that provides assessment, case management, referrals and follow up. (Services not available in Simi Valley and Ojai and only existing clients are served in Thousand Oaks/Newbury Park.)	Catholic Charities/OASIS Lisa Nagy, Program Manager 805-987-2083 x101 Oasisseniors@ccharities.org
EMOTIONAL SUPPORT ③	<i>Senior Support Line</i> provides emotional support and a friendly voice for seniors feeling isolated; at risk of losing their independence; recently experienced a change in their care setting and/or who are sad about health changes or other losses.	Camarillo Health Care District Call Line: 1-800-235-9980 (toll free)
FAMILY CAREGIVER PREPLACEMENT COUNSELING ④	Free unbiased counseling for family caregivers considering placement of a loved one in a skilled or resident care facility in Ventura County.	Long Term Care Services of Ventura County Vicky Odle (805) 656-1986, Ext. 100
FAMILY CAREGIVER RESOURCE SERVICES	<p><i>Wellness & Family Caregiver Resource Center</i> provides caregiver training, support groups, home adaptations and safety devices, caregiver resource library and computer center, information and assistance, public information and community education for eligible family caregivers. Provides assessment and case management for family caregivers in west Ventura County (persons <i>not</i> residing in Conejo Valley-Simi Valley-Moorpark areas). ④ <i>Respite for Family Caregivers</i> is available to provide in-home respite and out-of-home respite (day care) for caregivers at risk of caregiver burnout. ④ ⑤</p> <p><i>Senior Concerns Caregiver Support Center</i> and <i>Mobile Caregiver Center</i>. Provides caregiver training, support groups, home adaptations and safety devices, caregiver resource library and computer center, information and assistance, public information and community education for family caregivers. Provides assessment and case management for family caregivers in east Ventura County (Simi Valley, Thousand Oaks, Newbury Park and Moorpark). <i>Respite for Family Caregivers</i> is available to provide in-home respite and out-of-home respite (day care) for caregivers at risk of caregiver burnout.</p> <p><i>Catholic Charities Family Caregiver Resource Center of Santa Clara Valley</i>. Located in the Santa Clara Valley (Santa Paula, Fillmore, and Piru), this FCRC targets Spanish-speaking caregivers to provide assessment and case management, caregiver training, support groups, home adaptations and safety devices, caregiver resource library and computer center, information and assistance, public information and community education for family caregivers, in-home respite and out-of-home respite (day care) for caregivers at risk of caregiver burnout.</p>	<p>Camarillo Health Care District 1-800-900-8582 (toll free) 3587 E. Las Posas Road, Suite 118 Camarillo, CA 93010</p> <p>Samantha Carnell, Case Manager; Janette Walston, Resource Specialists</p> <hr/> <p>Conejo Valley Senior Concerns (805) 497-0189 or toll free (855) 318-5921 401 Hodencamp Road Thousand Oaks, CA 91362</p> <p>Carie Salas, Case Manager</p> <hr/> <p>Catholic Charities Connie De La Rosa Client Resources Coordinator (805) 420-9608 201 S. 10th St, Unit D Santa Paula, Ca. 93060 CDeLaRosa@ccharities.org</p>
FINANCIAL ABUSE PREVENTION	The Financial Abuse Specialist Team (FAST) provides 10 education sessions per year for professionals.	Grey Law of Ventura County Julia Wysong (805) 658-2266

GRANTEE- PROVIDED SERVICE	PROJECT DESCRIPTION	CONTACT INFORMATION
LEGAL SERVICES ③	Non-criminal legal guidance provided on topics such as credit and debt issues, collections, advance directives, power of attorney, elder abuse, etc.	Grey Law of Ventura County Michael Williams, Esq. (805) 658-2266
LONG TERM CARE OMBUDSMAN (LTC)	The LTC Ombudsman advocates for residents of skilled nursing facilities, resident care facilities for the elderly, and for board and care facilities at no fee.	Long Term Care Services of Ventura County (805) 656-1986
SENIOR TRAINING & EMPLOYMENT ⑥	Title V Senior Community Services Employment Training (SCSEP) Program. Provides limited employment training and wages for low-income persons aged 55 and older.	SER-Jobs for Progress Maria Lopez Oxnard Office: (805) 289-8129
SENIOR NUTRITION PROGRAM CONGREGATE MEALS ⑦ HOME-DELIVERED MEALS (HDM) ⑧	<i>Senior Nutrition Program Congregate Meals</i> – Nutritious meals provided in a social setting. Contact the local meal center or transit company in your city for more information. The suggested donation per congregare meal for seniors and their spouses is \$3.00. <i>Senior Nutrition Program Home-Delivered Meals (HDM)</i> Nutritious meals delivered to homebound seniors. Home-delivered meals (HDM) are available for frail, homebound seniors age 60+ and their spouses. Meal recipient must be homebound and physically unable to travel to a congregare meal site. Suggested donation is \$3.00 per meal. Waitlists are common and other eligibility requirements apply. Transportation provided to and from each meal site through the following local transit companies:	General Information Marleen Canniff, VCAA Grants Administrator 805-477-7311 <i>Lunch is usually served Mon-Fri, excluding holidays. Contact the meal site for meal times.</i>
Congregate: One day (3 rd Thursday) per Month HDM: Frozen weekly	CARE-A-VAN (805) 388-2529	Camarillo Health Care District 3639 Las Posas Rd, Suite 117 Blair Craddock, MPH blairc@camhealth.com (805) 388-1952 X 133
Congregate: Daily HDM: Hot daily	Ventura County Valley Express (805) 933-2267	Fillmore Active Adult Center 533 Santa Clara Ave Marie Garfio mgarfio@ci.fillmore.ca.us (805) 524-3030
Congregate: Daily HDM: None	City of Thousand Oaks DIAL-A-RIDE (805) 375-5467 If coming to the SNP, seniors can get a DIAL-A-RIDE ticket for free transportation to and from lunch.	Conejo Recreation & Park District Goebel Adult Community Center 1385 E. Janss Rd., Thousand Oaks Julie Spivack, Director jspivack@crpd.org (805) 381-2742
Congregate: Daily HDM: Hot daily	Ojai — HELP of OJAI (Suggested donation is \$2-4 one way depending upon use of a lift van) 805-646-5122	HELP of Ojai 370 W. Baldwin Rd., Ojai (old Honor Farm site) Terri Wolfe terriw@helpofojai.org (805) 646-5122
Congregate: Daily HDM: Hot daily	DIAL-A-RIDE (805) 375-5467	Moorpark Active Adult Center 799 Moorpark Ave. Chris Ball cball@moorparkca.gov (805) 517-6260

GRANTEE- PROVIDED SERVICE	PROJECT DESCRIPTION	CONTACT INFORMATION
Congregate: Daily HDM: Frozen weekly or bimonthly	Gold Coast Transit (805) 487-4222 OR (805) 448-6133	Oxnard Senior Centers Wilson Senior Center: 350 N C St.; Palm Vista: 801 S. C St. Fernando Garcia fernando.garcia@ci.oxnard.ca.us (805) 385-8028
Congregate: Daily HDM: Hot daily	Ventura County Valley Express (805) 933-2267	Brenda's Casamia Restaurant and Catering (Piru) 3944 Center Street Brenda Barragan brendascasamiacatering@outlook.com (805) 521-0694
Congregate: None HDM: Frozen weekly	N/A (No Congregate Meal Site)	City of Port Hueneme 550 Park Ave., Port Hueneme Anna Hanely ahanely@cityofporthueneme.org (805) 986-6677
Congregate: Daily HDM: Hot daily	Ventura County Valley Express (805) 933-2267	Santa Paula Senior Center 530 W. Main St. Beverly Ruiz bruiz@spcity.org (805) 933-4226, Ext. 351
Congregate: Daily HDM: Hot daily & frozen weekly	Simi Valley — DIAL-A-RIDE (805) 583-6464 City of Simi Valley Transit – (805) 583-6456	Simi Valley Senior Center 3900 Avenida Simi Robert Martin RMartin@simivalley.org (805) 583-6364
Congregate: Daily HDM: Frozen weekly or bimonthly	Gold Coast Transit (805) 487-4222 OR (805) 448-6133 Uber comes every Tuesday introducing its company/services to the seniors as well.	Ventura Avenue Adult Center Westside Café: Avenue Center 550 N. Ventura Ave, Ventura Eastside Café: Salvation Army Silvercrest Residence 750 S Petit Ave Ventura Cheryl Bucklin cbucklin@ci.ventura.ca.us (805) 654-7557

NOTES:

1	Services available at no charge to frail Ventura County residents aged 60 and older. There is usually a waitlist for these services and there may be additional eligibility requirements.
2	Services available at no charge to frail Ventura County residents aged 60+ who are physically incapable of driving and/or have difficulty using public transportation. <i>A limited number of bus tickets and non-emergency medical transport are also available for disabled adults under age 60 – these clients must provide a copy of their ADA card or the referring agency must certify that the client meets ADA criteria.</i> VCAA reserves the right, at any time, to place a cap the number of tickets and/or rides.
3	Services are free to Ventura County residents aged 60 and older.
4	Services are free for <i>Eligible Family Caregivers (EFCs)</i> . EFCs are unpaid, informal caregivers who are: (1) Age 18 or older caring for a person age 60 or older or caring for a person of any age who has been diagnosed with dementia or Alzheimer's disease; or (2) Age 55 or older residing with and caring for a child age 18 or younger.
5	To receive these services, the care receiver <u>must</u> have at least two Activities of Daily Living (ADLs) impairments (walking, eating, dressing, bathing, toileting or transferring in/out of bed) and/or have a cognitive impairment.
6	Only for low-income, unemployed Ventura County residents aged 55 and older. There is no fee for services and Veterans receive priority preference.
7	The suggested donation per congregated meal for seniors and their spouses is \$3.00.
8	Home-delivered meals (HDM) are available for frail, homebound seniors age 60+ and their spouses. Meal recipient must be homebound and physically unable to travel to a congregated meal site. Suggested donation is \$3.00 per meal. Waitlists are common and other eligibility requirements apply.

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