



VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING

February 12, 2025

9:00 a.m. to 11:00 am

Area Agency on Aging Advisory Council Center

646 County Square Drive, Ventura

<https://us02web.zoom.us/j/85358495921>

The council will be meeting in person, but members of the public are welcome to attend in person or via zoom.

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

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| 9:00 a.m. | 1. Call to Order and Agenda Review | Maria Munguia |
| | 2. Pledge of Allegiance | Carol Leish |
| | 3. Roll Call and Motion to Accept Online Virtual Attendance for those declaring “Emergency Circumstances” | Alisa Sanchez |
| | 4. Approval of Area Agency on Aging Advisory Council Minutes of November 13, 2024. | Maria Munguia |
| | 5. Public Comments | Maria Munguia |

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

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| 6. | Consent Agenda Items – Committee Reports | Maria Munguia |
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Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

- 6.1.1 Housing Committee – November 19, 2024
- 6.1.2 Housing Committee – January 21, 2025
- 6.2.1 ADRC Committee – November 20, 2024
- 6.2.2 ADRC Committee – January 15, 2025
- 6.3.1 Optimal Aging Committee – November 20, 2024
- 6.3.2 Optimal Aging Committee – January 22, 2025
- 6.4 Senior Nutrition and Health Comm. – November 20, 2024
- 6.5.1 Workforce Committee – November 13, 2024
- 6.5.2 Workforce Committee – December 12, 2024
- 6.6 Transportation Committee – quorum not reached

INFORMATIONAL ITEMS

- | | | |
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| 11:00 am | <ul style="list-style-type: none"> 7. PIO Update 8. Senior Nutrition Farm/Outdoor Education Farm Update 9. Bylaws Update 10. HSA Update 11. Other Committee Meetings: <ul style="list-style-type: none"> a. California Senior Legislature Update b. VCAAA Foundation Update c. LGBTQ Aging Coalition 12. Meeting Calendar FY 2024-2025 13. Other Business 14. Comments from the Chair 15. Adjournment | <ul style="list-style-type: none"> Roger Horne Maria Munguia Maria Munguia Elaine Martinez/
Melissa
Livingston Birdwell/Gitt/
Gorback James Schicker Martha Shapiro Maria Munguia Maria Munguia Maria Munguia Maria Munguia |
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The next meeting will be:
Wednesday, March 12, 2025 (9:00 am – 11:00 am)

In person at 646 County Square Dr Suite 100, Ventura, CA 93003 in the Advisory Council Room.

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
Advisory Council Meeting Minutes
646 County Square Drive, Suite 100
Ventura, CA 93003
November 13, 2024

Advisory Council Members Present:

Blair Barker (Service Provider)	Lynette Harvey (Medical Provider)
Stephanie Belding (Thousand Oaks COA)	Carol Leish (Disability Population)
Ron Berkowsky (LGBTQ+ Population)	Luis Mendez II (Port Hueneme COA)
Brenda Birdwell (CSL)	Dr. Maria Munguia (Santa Paula COA)
Alvin Brown (Simi Valley COA)	Carmen Reyes (Camarillo COA)
Denise Calhoun (District 2)	Martha Shapiro (Service Provider)
Smita Dandekar (District 4)	Alice Sweetland (Oxnard COA)
Tony Gitt (CSL)	Sue Tatangelo (Consumer)
Dr. Karen Gorback (CSL)	Sylvia Taylor-Stein (District 5)
Nita Vaidya (Thousand Oaks COA)	

Advisory Council Members Absent:

Lyn Cotwright (Moorpark COA)	Anna Reilley (Fillmore COA)
Carina Forsythe (Fillmore COA)	Nancy Rowe (Camarillo COA)
Maureen Hodge (Family Caregiver)	Anita Ruiz (At-Large)
Sue Hughes (District 3)	Jeanette Sanchez-Palacios (District 1)
Jonnie Lisman (Port Hueneme COA)	Peter Schreiner (Behavioral Health)
Bill Nugent (Ojai COA)	Dana Tomarken (Santa Paula COA)
Clark Owens (Oxnard COA)	Susan Zirnite (Simi Valley COA)

VCAAA Staff Members Present:

Monique Nowlin (Division Manager)	Sonia Vaughn (Program Manager)
Dr. Haleh Hashemzadeh (HS Manager)	Denise Noguera-Valenzuela (I&A Manager)
Roger Horne (Communications)	Jerrica VanNest (HomeShare)
Alisa Sanchez (Program Assistant)	Jason Sagar (PEARLS/ADRD)
Alyssa Corse (Senior Health & Nutrition)	Julianna Eusanio (Fall Prevention)
Cris Rivas (Family Caregiver)	Kari Verdugo (Administrative Specialist)
Giovanny Ortiz (CalZ)	Gray Wilking (MSSP/HCBA)
Aurora Meadows (Registered Dietitian)	

Members of the Public Present:

Holly Kunkle	Vanessa Acain
Janine Cobian	Deanna Keller
Louise Lehman	Pam Carroll
Phyllis Vettel	Alma Valenueva

- 1) **Call to Order and Agenda Review** – The November 13, 2024, Advisory Council meeting was called to order at 9:01 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Ron Berkowsky.
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. The Advisory Council reached a quorum.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of September 25, 2024.**

Moved by: Sylvia Taylor-Stein, seconded by Denise Calhoun

Result: Motion passed

- 5) **Public Comments** – Sylvia Taylor-Stein shared that there were no fatalities and only volunteer evacuations in the facilities in Camarillo. She also shared about the upcoming Symposium featuring Dr. Alan Powers on March 6, 2025. Denise Calhoun thanked all those who came out and helped put on the Tech Workshop. Stephanie Belding introduced Nita Vaidya as the newest representative of the Thousand Oaks Council on Aging. Ron Berkowsky announced the students he works with from CSUCI have been collaborating with the Optimal Aging Committee to do a Focus Group Study on residents and how they define Optimal Aging. Sue Tatangelo shared that her property caught fire during the recent wildfire, her home was able to be saved and she commends all her neighbors and how everyone came together during that time. Al Brown discussed the funding cuts in his city of Simi Valley and what a hard time they are having getting meals to their residents. Tony Gitt urges members to join the Transportation Committee. Alice Sweetland shared that Bone Builders was started by a VCAAA Grant.
- 6) **Consent Agenda Items**
 - 6.1 Housing Committee Report – September 17, 2024
 - 6.2 ADRC Committee Report – September 18, 2024
 - 6.3 Optimal Aging Committee Report – September 19, 2024
 - 6.4 Workforce Committee Report – September 25, 2024
 - 6.5 Senior Nutrition & Health Comm. Report – October 2, 2024
 - 6.6 Transportation Committee – quorum not reached.

Motion: Approve consent agenda items

Moved by: Al Brown, seconded by Sue Tatangelo

Result: Motion passed

ACTION ITEMS

- 7) **ADRC (Aging and Disability Resource Center) 2024 Quarter 4 Data** - Vanessa Acain (of Independent Living Resource Center) and Denise Noguera-Valenzuela presented the PowerPoint Presentation of the reporting of the 2024 Quarter 4 Data for the Aging and Disability Resource Center.

INFORMATIONAL ITEMS

- 8) **Legacy Awards * (Time Certain)** – The Legacy Awards were presented by Alice Sweetland to Dementia Friendly Agency, Santa Clara Valley Hospice, Cathy Kemp from SCVH Board of Directors accepting the award. Business Organization award was given to CAREGIVERS, Tammy Glenn, Executive Director of Caregivers accepting the award. Community Volunteer Awards were given to Sylvia Fulton a Bone Builder Instructor and Marty Blumenthal a volunteer with Senior Concerns.
- 9) **Senior Nutrition Update** – Alyssa Corse reported there is not much of an SNP update. Alyssa continues to meet with HSA Fiscal to discuss Quarter 1 Data and figure out budgets and if any transition plans are needed to amend budgets or contracts. Annual Monitoring to occur in December and January for total of 17 sites.
- 10) **Reading Bylaws** – Chair Munguia asked Advisory Council Members to review VCAA Bylaws before the January 2025 meeting. Roger Horne will send Bylaws out to Council. Committee members Sue Tatangelo, Carol Leish and Karen Gorback volunteered to be part of a Bylaws review committee.
- 11) **Committee Selection Review** – Alisa Sanchez reviewed the FY 2024-2025 Committee Selections made by Council Members and asked members to come check in with her before leaving the meeting to ensure their committee selection review form is received and on file and to complete one, if not.
- 12) **PIO Update** – Roger Horne shared Outreach numbers with the group: 26 outreach events in September and 37 in October. Upcoming outreach event will take place on Thursday, December 5, 2024 at the Oxnard Performing Arts Center (Senior Expo). Also, Wednesday,

January 15, 2025, at the Goebbel Senior Center there will be a Senior Job Fair and Wellness Expo. VCAAA Staff will be volunteering and assisting at the Local Assistance Center (LAC) post-Mountain Fire.

13) Other Committee Meetings:

a. California Senior Legislature Update – Tony Gitt discussed how the CSL met to review the 20 proposals and 10 were chosen to move forward with for the year. A bill was passed that requires an Ombudsman person to be present at the signing of important documents in skilled nursing facilities.

b. VCAAA Foundation Update – James Schicker joined virtually and shared a brief update – VCAAAF partnered with the Government and Disability Summit in September. James states the Foundation goes dark a bit in November and December but will meet again in January 2025.

c. LGBTQ Aging Coalition – Martha Shapiro spoke about the committee hosting focus groups which will help shape the focus for 2025. The committee will have a table at the Transgender Day of Remembrance which will be held on November 20th at Guthrie Hall at Ventura College.

d. Dementia Friendly Ventura County – Haleh Hashemzadeh shared that Jason Sagar, Martha Shapiro and Giovanni Ortiz trained the restaurant staff at Harvest Country in Newbury Park on being Dementia Friendly. Roger Horne is working on editing a video of that training experience. The video will be added to the VCAAA website once finalized.

14) [Meeting Calendar](#) – FY 2024-2025

15) Other Business – Chair Munguia invited Advisory Council members to individually stand up and reintroduce themselves and who they represent (Ventura County Board of Supervisors, local cities, service providers and focused populations) to foster further learning about each other.

16) Comments from the Chair – Chair Munguia stated that this is the last Advisory Council Meeting for the year and that although it was tumultuous it was transformative. Chair also thanked all in attendance for all the work they all do in and for the Community. Lastly, Dr. Munguia ended the meeting by reading an Apache prayer of selfcare.

17) Adjournment – Meeting adjourned at 10:53 AM. The next regular meeting for the Advisory Council will be held on January 8, 2025.

Motion: To Adjourn

Moved by: Alice Sweetland, seconded by Martha Shapiro

Result: Motion Passed

TO: VCAAA Advisory Council Members
FROM: Martha Shapiro, Chair
DATE: December 19, 2024
SUBJECT: **Housing Committee Report from November 19, 2024**

Housing Committee Members Present:

Martha Shapiro (Service Provider – Senior Concerns) - Chair
Stephanie Belding (City Appointee – Thousand Oaks)
Lyn Cotwright (City Appointee - Moorpark)
Brenda Birdwell (California Senior Legislator)
Luis Mendez II (City Appointee – Port Hueneme)

Housing Committee Members Absent:

Jeannette Sanchez-Palacios (Supervisory Appointee - District 1)
Sue Hughes (Supervisory Appointee - District 3)

VCAAA Staff Members Present:

Jerrica Van Nest (HomeShare Social Worker)
Gray Wilking (HCBA and MSSP Program Manager)

1. **Welcome and Introductions** – Meeting was called to order at 2:03 p.m. by Chair Shapiro.
2. **Public Comments** – Stephanie Belding raised the topic of the Mountain Fire and its effect on older adults. The Committee discussed various emergency resources.
3. **HomeShare Update** – Jerrica Van Nest provided an update on the program. The program continues to match housing seekers with providers and is utilizing volunteer assistance.
4. **Assisted Living Waiver (ALW) Update** – Gray Wilking relayed information from the Department of Health Care Services about their plan to roll Medicaid Waivers such as ALW, HCBA, and MSSP into managed care. There is no plan to offer ALW in Ventura County until that shift occurs.
5. **Discuss “Rebuilding Common Ground” Conference** – Martha Shapiro attended the conference and shared her perspective that the Committee should continue to plan for a seminar to focus on Ventura County housing service providers.
6. **Discuss Planning a Resource Seminar About Preventing Older Adult Homelessness** – The Committee agreed to continue discussions about planning a

housing seminar in 2025.

7. **Adjournment** – Meeting was adjourned at 2:45 p.m. The next Housing Committee meeting will be held on January 21, 2025.

TO: VCAAA Advisory Council Members
FROM: Martha Shapiro, Chair
DATE: January 28, 2025
SUBJECT: **Housing Committee Report from January 21st, 2025**

Housing Committee Members Present:

Martha Shapiro (Service Provider – Senior Concerns) - Chair
Stephanie Belding (City Appointee – Thousand Oaks)
Brenda Birdwell (California Senior Legislator)
Luis Mendez II (City Appointee – Port Hueneme)

Housing Committee Members Absent:

Jeannette Sanchez-Palacios (Supervisory Appointee - District 1)
Lyn Cotwright (City Appointee - Moorpark)

VCAAA Staff Members Present:

Jerrica Van Nest (HomeShare Social Worker)
Gray Wilking (HCBA and MSSP Program Manager)

1. **Welcome and Introductions** – Meeting was called to order at 2:07 p.m. by Chair Shapiro.
2. **Public Comments** – Gray Wilking announced that she will be resigning from County service as of March 2025.
3. **HomeShare Update** – Jerrica Van Nest provided an update on the program. She reported that she has attended several recent trainings and has provided HomeShare presentations to agencies and community organizations. HomeShare continues to identify and vet both housing providers and seekers. Jerrica reminded the committee that HomeShare does not provide case management or legal advice and referrals must be made for those services.
4. **Planning Discussion – Housing Resource and Service Provider Conference** – The committee expressed concern about planning an event due to low committee membership, lack of resources, and recent focus on fire recovery efforts. The committee will continue to explore options and revisit the topic.
5. **Adjournment** – Meeting was adjourned at 2:52 p.m. The next Housing Committee meeting will be held on March 18, 2025.

TO: VCAAA Advisory Council Members
FROM: Tony Gitt, Chair
DATE: November 21st, 2024
SUBJECT: **ADRC Committee Meeting**

Committee Members Present:

Tony Gitt Linda Mac Dougall Carol Leish Al Brown Jim Marston Susan Zirnite Ronald Berkowsky Vanessa Acain Maureen Hodge Keith Goslin Lilly Grossman

Committee Members Absent:

Martha Shapiro Jennifer Griffin Blair Barker Carmen Reyes Emily Bridges Peter Schreiner

VCAAA Staff Members Present:

Denise Noguera-Valenzuela (Call Center Manager)

1. Welcome (New member Introduction)

2. Comments regarding ADRC Introduction Video emailed 11/15:

- Big picture about integration of programs & services throughout the State
- Denise re-send ADRC Introduction video. Review next meeting

3. Denise Updates:

- **AAA Website-** The merger with HSA impacts our branding. We are working with HSA and Roger Horne, Public Information Officer, on a more human centric web design. Providing consumers and clients with more accessibility, terms that make sense, and for people to find things easier. Working with CEO's office's Danni Anderson, Disability Access Manager, who is helping with branding the website.
- **ADRC Logo-** Discussed with state and executive management and landed on what was presented
- **ADRC Flyers-** Advertisement with the ILRC in the last issue of the Livewell magazine. Lists all the programs and services provided. There are other services that are new through HSA. Big picture to add partners through Aging Disability Services Division. Be mindful of following the HSA protocols involved in decision making. Denise can be the conduit for any ideas the ADRC committee may have and will bring them back to HSA. Flyer created with ILRC from a joint grant with ADRC listing services provided as a partnership. Discussed the flyer could be confusing. Suggested Vanessa and Denise work to create a more informative, simplistic flyer with bullet points of tangible services. They will draft a potential

publication and bring back to the team in the next meetings to review.

- **Invite Guest to Next Meeting-** Denise would like to invite Jason Sagar, Program Manager, to discuss “No Wrong Door” policy that applies to Family Caregiver Programs. Would like his presence at all future ADRC Committee meetings to bring a different perspective.

4. ADRC Related Updates from the Group:

- **Al Brown questioned what is to be expected of the members of the committee?** - Try to enhance what the ADRC does in Ventura County & where it is available: 2 offices, website, and telephone at AAA. Discuss what we think the priorities are and what we should be looking at for goals this year. Having a full understanding of what Aging & Disability Resource Center is will also give more understanding how we can provide better outreach in the community.
- **Master Plan for Aging-** The State has a master plan for aging site. Lists the five main goals and updates. Ventura County has mirrored the State and also has a master plan for aging. Denise will send out the link.
- **ILRC Updates-** Vanessa has changed the presentation from the committee meeting. Updated the font from white to black and will send revised copy.
- **Adjournment-** The meeting adjourned at 1:40pm. The next meeting is Wednesday, January 15, 2025 at 1:00 p.m.

TO: VCAAA Advisory Council Members
FROM: Tony Gitt, Chair
DATE: January 15th, 2025
SUBJECT: **ADRC Committee Meeting**

Committee Members Present:

Tony Gitt Carol Leish Al Brown Jim Marston Ronald Berkowsky Vanessa Acain Keith Goslin Linda Mac Dougall Peter Schreiner Maureen Hodge

Committee Members Absent:

Martha Shapiro Jennifer Griffin Blair Barker Carmen Reyes Emily Bridges Susan Zirnite Lilly Grossman

VCAAA Staff Members Present:

Denise Noguera-Valenzuela (I&A/ADRC Call Center Manager) Jason Sagar (Program Manager)

1. Welcome & Introductions (New member Introduction)

2. Presentation: Jason Sagar – Overview of Family Caregiver Support Program & the No Wrong Door Initiative. Jason to share PowerPoint presentation with attendees.

- Family Caregiver Support Program funded by Title III grant

3. Program & Organizational Updates:

- **Area Agency on Aging (AAA)-** Denise: AAA has upgraded website to be more human centric/user friendly (vcaaa.org). Implementing pilot with ADS a new data base, later this month. Better integrated system.

Independent Living Resource Center (ILRC)-Vanessa: Finalizing name change. Known as ILRC, transitioning over to Access Central Coast. Working on new website and design logos.

4. ADRC Goals for the remainder of the Year:

- Update outreach material. Adding Access Central Coast new name.
- “No Wrong Door” applies to multiple programs. A practice and philosophy rather than a place.
- Make a list of all the resources that are provided and define in a recognizable way. Website has the most updated list programs and services.
- Vanessa and Denise to create a Word document with list of services.
- Organizational chart

5. Open Floor

- Presentation to Council on Aging in Thousand Oaks on what ADRC & ILRC (Access Central Coast) are provided.

TO: VCAAA Advisory Council Members
FROM: Alice Sweetland, Committee Chair
DATE: November 20th, 2024
SUBJECT: **Optimal Aging Report from November 20th, 2024**

Committee Members Present:

Ronald Berkowsky	Sylvia Taylor-Stein
Al Brown	Alice Sweetland
Denise Calhoun	Susan Zirnite
Dinah Frishlig	

Committee Members Absent:

Lyn Cotwright

VCAAA Staff Members Present:

Roger Horne (PIO)
Julianna Eusanio (Fall Prevention Program Coordinator)

1. **Welcome and Introductions:** Meeting was held via zoom and called to order by chair Sweetland at 2:02pm. New committee member Dinah Frishling introduced herself.
2. **Public Comments:** none
3. **Legacy Awards Discussion:** The committee recapped the Legacy Awards that were presented at the Advisory Council Meeting. All members were in agreement that the awards were well received, no changes to processes needed moving forward.
4. **Older Americans Art Show Discussion:** The committee discussed if there would be interest in collaborating with the County Arts Council on a second Older American's art show next year. The committee confirmed interest. The areas of support and involvement from committee were highlighted which includes coordination and pick-up, delivery and return of artwork. VCAAA to follow-up with County Arts Council to explore further.
5. **Optimal Aging Capstone Focus:** Ron provided an updated on the Optimal Aging Focus of CSUCI capstone students. The IRB approved the project two weeks ago and students have begun conducting focus groups and have scheduled interviews to gather feedback as to how individuals define optimal aging. Roger sent out a promotional e-mail which included focus group invites for the work being conducted by the students. Students will meet with the advisory council members one on one for

interviews.

6. **Adjournment** – The meeting was adjourned at 2:40 p.m. The next Optimal Aging Committee meeting will be held on **Wednesday, January 20th, at 2 p.m.**

TO: VCAAA Advisory Council Members
FROM: Alice Sweetland, Committee Chair
DATE: January 20th, 2025
SUBJECT: Optimal Aging Report from January 22nd, 2025

Committee Members Present:

Ronald Berkowsky Alice Sweetland
Al Brown Susan Zirnite
Denise Calhoun
Dinah Frishling

Committee Members Absent:

Lyn Cotwright
Sylvia Taylor-Stein

VCAAA Staff Members Present:

Roger Horne (PIO)
Alisa Sanchez (Program Assistant) – attending to take notes for Julianna Eusano who is on Leave of Absence)

1. **Welcome and Introductions:** Meeting was held via zoom and called to order by chair Sweetland at 2:02pm. Quorum reached.
2. **Public Comments:** none
3. **Open Discussion:** Alice noted that Staff Liaison, Julianna Eusano is currently on a Leave of Absence and that Alisa Sanchez is present at the meeting to take notes and complete the Committee Report in Julianna's absence. Dinah asked if there was a list of partner agencies that could be used to help promote VCAAA services. Alice said she would work on a list. Al asked Roger to come back out to Simi to present. Al also shared that there is a class offered in Simi that provides lessons on computer and cell phone usage. Alice and Roger commented about Get Set Up platform that houses videos on many topics including technology, fall prevention, nutrition, etc. Al commented that ADRC (Aging & Disability Resource Center) and ADRD (Alzheimer's Disease and Related Dementias) acronyms are too similar and it is confusing.
4. **Older Americans Art Show Discussion:** Alice asked about doing the show again. Roger advised Alice to talk to Monique to get HSA and VCAAA signoff so that the group can proceed.
5. **Optimal Aging Capstone Focus:** Ron provided an updated on the Optimal Aging

Focus Group of CSUCI capstone students. Ron shared that the students completed research study on how community members view and/or describe Optimal Aging. The study will be used to help direct what else the committee can do besides Legacy Awards. The Focus Group received data from 8 people. Ron said the Focus Group created a PowerPoint and Report of their study and Ron will send it out when it is complete.

6. **Adjournment** – The meeting was adjourned at 2:47 p.m. The next Optimal Aging Committee meeting will be held on **Wednesday, March 26th, at 2 p.m.**

TO: VCAA Advisory Council Members
FROM: Committee Chair, Blair Barker
DATE: November 20, 2024
SUBJECT: Senior Nutrition and Health Committee Report from November 20, 2024

Committee Members Present:

Smita Dandekar
Blair Barker
Anita Ruiz
Lynette Harvey

Committee Members Absent:

Alice Sweetland
Dr. Maria Munguia

VCAA Staff Members Present:

Alyssa Corse (Program Administrator)
Aurora Meadows (Registered Dietitian)
Roger Horne (Public Information Officer)

1. **Welcome and Introductions** – The VCAA Nutrition and Health Committee meeting was called to order at 12:30pm by Chair Blair Barker. The committee reached a quorum with four of four members present. Dr. Maria Munguia and Alice Sweetland were absent. Blair introduced April Colbert who is the Senior Nutrition Coordinator at Camarillo Health Care District.
2. **Public Comments** – Kim Post, who is the community services manager at the Simi Valley Senior Center wanted to clarify information that was presented at the last Advisory Council Meeting. Simi Valley City Council approved in September \$267,000 dollars to go towards the Senior Nutrition Program.
3. **Introduction of the New Staff for Committee-** None
4. **Camarillo Health Care District Presentation (CHCD)** - One of the committee goals was providing education and knowledge from some of the Senior Nutrition sites who provide Congregate and Home Delivered Meals. CHCD has been a Senior Nutrition provider since April 1, 2005. Blair spoke briefly about the evolution of the program and transition during covid and where it is today. The primary focus at CHCD is for Home-Delivered Meals only. CHCD serves about 250 older adults monthly with a waitlist of 85 people. April shared a few anecdotal stories regarding the eligibility and turnover of clients to and from the program. Blair shared there is a newer senior community living open to the public this year called Anacapa Islands which has led to more referrals for Home-Delivered Meals. Alyssa asked if the need is still for Home-Delivered Meals rather than adding a congregate site. Blair expressed that the need of the community is for homebound older adults. She also stated that in Camarillo through other

services/organizations there is a hot meal that can be served every day of the week. CHCD has doubled the number of meals being served since pre-covid.

5. **Registered Dietitian Update-** Aurora talked about the Quarter 2 kitchen staff meeting that took place at the Farm. Passed around photos of food safety that went wrong and other interactive fun training activities. Aurora spoke about a new menu revision and helping tailor the menus to the individual sites. She spoke about Cal Fresh Healthy Living (CFHL) year end submissions regarding data that is required by the state. Aurora was finally able to set up a meeting with the Public Health Department to work together to help serve the community through CFHL education. Aurora identified a site that would be able integrate the intergenerational curriculum and more to come on that. She submitted the closeout report for the Senior Farmers Market Nutrition Program (SFMNP) and was able to distribute all the vouchers.

6. **Senior Nutrition Program Update –** Alyssa gave a brief update regarding the Senior Nutrition Program. She stated that the last two weeks she was in meetings with all the sites and the fiscal team to address budget revisions, contract amendments and food cost allocations. Alyssa said that so far, the sites haven't had to do any contract amendments because they're moving funding within their budget to food cost. She also stated that a lot of the sites were able to receive supplemental funding from their cities to help with the program costs. Alyssa will be going out to each of the 12 sites to conduct annual monitoring for the next few months. She said Aurora will be joining her as well so she can complete her registered dietitian annual monitoring visits as well. Alyssa shared a video of the Meals on Wheels x Jiffy Lube campaign she worked on with the Simi Valley Senior Center last year. Jiffy Lube marketing team came to Simi Valley Senior Center to help promote a fundraising opportunity with Meals on Wheels. The video showed the marketing team preparing the food, packaging, and then delivering the meal to an older adult. At the end of the video Lynette and Blair asked if we could maybe figure out a way to get more outreach to corporations for fundraising events for the Senior Nutrition Program.

7. **Committee Goals –** Lynette spoke about older adults and mental health as a goal she would like to address. Lynette wanted to see about Behavioral Health coming to speak on our committee meeting with a focus on older adults to address any needs in our community. Anita asked a great question between the difference between mental and behavioral health. Blair suggested having someone speak about the Alzheimer's program or VCAAA's PEARLs program. Alyssa will be speaking with the PEARL's manager Jason to present at a future committee meeting.

8. **Adjournment –** The meeting was adjourned at 1:02 p.m. The next Health & Nutrition Committee meeting will be held on Wednesday, January 15, at 12:30 p.m.

TO: VCAAA Advisory Council Members
FROM: Stephanie Belding, Chair
DATE: November 13, 2024
SUBJECT: **Workforce Committee (WC) Report from November 13, 2024**

Committee Members Present:

Stephanie Belding
Dr. Karen Gorback
Carol Leish
Dr. Nita Vaidya

Committee Members Absent:

Brenda Birdwell

Interested Members of the Public:

Alice Sweetland
Dr. Maria Munguia

VCAAA Staff Members Present:

Sonia Vaughn (HICAP manager)

VCAAA Staff Members Absent:

Roger Horne (Communications Manager)

1. **Welcome-** Meeting was called to order by Stephanie Belding at 11:09 am.
2. **Public Comments-** There were no public comments made.
3. **New Membership-** The committee welcomed Dr. Nita Vaidya, representing the City of Thousand Oaks. Dr. Vaidya introduced herself and expressed excitement in serving in the committee.

The committee also confirmed the names of current members and the interested members; list of names has been updated.

4. **Interface-** Stephanie reported she gave a presentation at the Santa Paula senior Advisory Board . She shared the Workforce Committee’s handout and shared the Star’s newspaper article to promote the committee’s work.
5. **January 2025 Job Fair Integration-** Stephanie, Karen, Roger, and Nita went to the Goebel Senior Center in October to see the location and talk about the logistics for the job fair. Committee has been assigned to the “Wild Lilac Room” to host the job fair in January. The goal for that event is to get enough employers for 400+ attendees.

Julie at Goebel indicated the committee can also have access to the computer room if needed, as long as there is a designated person assigned to the room during the job fair- room will only be available for job seekers attending the fair. Job seekers may bring their laptops and apply for jobs on the spot.

6. **Wellness Fest/Job Fair – Wednesday, January 15, 2025-** This is the 2nd consecutive year of the Job Fair. The theme of the job fair is “Highway to Health”.

Last year, some employers attended the event for half day and some seekers did not get to interact with those who left early. This year, requesting employers to stay for the duration of the event.

Stephanie shared that she was informed by Roger that VCAAA will not be able to pay for the rental of tables; it was decided to use the 6' tables provided by Goebel.

Dr. Gorback shared she has a list of employers that would be beneficial at fair:

1. City of Thousand Oaks- confirmed.
2. Conejo Unified School District – not confirmed.
3. Ventura County Community College- not confirmed.
4. Express Pros (temp agency)- no response. Royal (temp agency on TO Blvd) is next in line.
5. County of Ventura- pending, Roger will be contacting.
6. Comfort Keepers- pending, Brenda will be contacting.

Stephanie shared she has two employers on her list; Brenda/Nita will be assisting by following up with:

1. Home Helpers (Brenda)
2. Livingston (Brenda)
3. Costco (Nita)
- 4.

Employers participating in the job fair are not required to be non-profit.

7. **Other-** There were no other comments made.
8. **Next meeting date** – Committee agreed to meet prior to the regularly scheduled meeting. Will be meeting via Microsoft TEAMS on Wednesday, December 11th at 10 AM. Sonia will send the MS TEAMS invite and agenda.

The Workforce Committee's next regular meeting will be held on Wednesday, January 8, 2025, from 11 AM – 12 PM (right after the AC meeting).

9. **Adjournment-** Meeting adjourned at 11:53 AM.

TO: VCAAA Advisory Council Members
FROM: Stephanie Belding, Chair
DATE: January 04, 2025
SUBJECT: **Workforce Committee (WC) Report from December 12, 2024**

Committee Members Present:

Stephanie Belding
Dr. Karen Gorback
Dr. Nita Vaidya
Brenda Birdwell

Committee Members Absent:

**Interested Members of the Public
Absent:**
Alice Sweetland

**Interested Members of the Public
Present:**

Dr. Maria Munguia

VCAAA Staff Members Present:

Sonia Vaughn (HICAP manager)
Roger Horne (Communications
Manager)

1. **Welcome-** Meeting was called to order by Stephanie Belding at 10:04 am.
2. **Public Comments-** There were no public comments made.
3. **New Membership-** There were no new membership updates. Stephanie shared Carol Leish has withdrawn from the Workforce Committee; thank you Carol for your time and interest in the WC!
4. **January 15, 2025, GACC wellness fest (highway to health) –**
 - a) Status report Regarding prospective employers- participating employers include: Conejo Valley United School District, City of Thousand Oaks, Royal Staffing, Senior Helpers, America’s Job & Career Center and Comfort Keepers. Livingston Visiting Nurse is pending. Due to limited space, Roger will setup a resource table to promote the employers we were unable to accommodate.
 - b) Confirmation of commitment from participants- Brenda, Dr. Nita and Dr. Munguia will be unable to assist with event as they already made a commitment to assist with their respective tables. Stephanie, Dr. Gorback, Sonia and Roger confirmed they will be present at event to help with the Workforce Committee’s table.
 - c) Update from Roger Horne on potential promotional materials and signage- Video and media release will be going out on December 16th; will follow up on funding for any printing. Roger will also create table tents with employer names for tables.
 - d) Possible coordination with Julie Spivack on Job Fair text to be included in their flyers or other advertising for the Wellness Fest- more information to come.

- e) Assignment of coverage times for committee members during the set-up, tear-down, and actual 9 am to 1 pm event. (8 am to 2 pm window)- Stephanie, Dr. Gorbach, Sonia and Roger confirmed they will be present at event from beginning to end.
 - f) Other specific topics to address for the event:
 - i) Use of the Computer Room at the event: Due to coverage and location of the room, the WC will not be using the computer room at the event.
 - ii) Monitoring attendance: Sonia Vaughn will be assisting with getting a head count of attendees.
 - iii) Follow-up with employers: Sonia and Roger will work on a survey for employers to complete after the event. The survey will request information on how many prospective employees they assisted.
 - iv) VCAAA badges: WC members are encouraged to wear the VCAAA committee badges at the event.
 - v) Invitations to staff and the Advisory Board: Stephanie will do a public comment at the next Advisory Committee meeting to invite everyone to the job fair.
 - g) Next Steps- Roger will get room dimensions to ensure we have the space needed.
5. **Other-** It was shared that Renee Bell's last day at the Santa Paula Community Center is 12/13/2024.
 6. **Next meeting date** –The Workforce Committee's next regular meeting will be held on Wednesday, January 8, 2025, from 11 AM – 12 PM (right after the AC meeting).
 7. **Adjournment-** Meeting adjourned at 11:14 AM.



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE
FY 2024-2025**

All Advisory Council meetings are held in person.

All sub-committee meetings are held via Zoom.

	Advisory Council	ADRC	Transportation	Housing	Senior Nutrition & Health	Optimal Aging	Workforce
July	July 10 9-11 a.m.	July 17 1 - 2 p.m.	July 10 11:15 – 12:15 p.m.	July 16 2 – 3 p.m.	July 24 12:30 – 1:30 p.m.	July 24 2 – 3:00 p.m.	July 18 10 – 11 a.m.
August							
September	Sept 25 9-11 a.m.	Sept 18 1 - 2 p.m.	Sept 25 11:15 – 12:15 p.m.	Sept 17 2 – 3 p.m.	Sept 25 12:30 – 1:30 p.m.	Sept 25 2 – 3:00 p.m.	Sept 19 10 – 11 a.m.
October							
November	Nov 13 9-11 a.m.	Nov 20 1 - 2 p.m.	Nov 13 11:15 – 12:15 p.m.	Nov 19 2 – 3 p.m.	Nov 22 12:30 – 1:30 p.m.	Nov 20* 2 – 3:00 p.m.	Nov 21 10 – 11 a.m.
December							
January		Jan 15 1 - 2 p.m.	Jan 8 11:15 – 12:15 p.m.	Jan 21 2 – 3 p.m.		Jan 22 2 – 3:00 p.m.	Jan 16 10 – 11 a.m.
February	Feb 12 9-11 a.m.				Feb 19 12:30 – 1:30 p.m.		
March	March 12 9-11 a.m.	March 19 1 - 2 p.m.	March 12 11:15 – 12:15 p.m.	March 18 2 – 3 p.m.	March 27 12:30 – 1:30 p.m.	March 26 2 – 3:00 p.m.	March 20 10 – 11 a.m.
April							
May	May 14 9-11 a.m.	May 21 1 - 2 p.m.	May 14 11:15 – 12:15 p.m.	May 20 2 – 3 p.m.	May 22 12:30 – 1:30 p.m.	May 28 2 – 3:00 p.m.	May 15 10 – 11 a.m.
June							

*Changed the date from 11/27/24 because the next day is Thanksgiving

New Member Orientation will be held as needed. Please email alisa.sanchez@ventura.org for the registration link.