



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

March 12, 2025

9:00 a.m. to 11:00 am

Area Agency on Aging Advisory Council Center

646 County Square Drive, Ventura

<https://www.zoomgov.com/j/1600825765?pwd=EJ4xAnkdNWwnqQakelBoyOTbk51LxR.1>

The council will be meeting in person, but members of the public are welcome to attend in person or via zoom.

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

A G E N D A

- | | | |
|-----------|---|----------------|
| 9:00 a.m. | 1. Call to Order and Agenda Review | Maria Munguia |
| | 2. Pledge of Allegiance | Luis Mendez II |
| | 3. Roll Call and Motion to Accept Online Virtual Attendance for those declaring “Emergency Circumstances” | Alisa Sanchez |
| | 4. Approval of Area Agency on Aging Advisory Council Minutes of February 12, 2025 and November 13, 2024. | Maria Munguia |
| | 5. Public Comments
Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person. | Maria Munguia |
| | 6. Consent Agenda Items – Committee Reports
Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately. | Maria Munguia |

6.1 Senior Nutrition and Health Comm. – February 26, 2025 - Report to be submitted at a later time.

INFORMATIONAL ITEMS

- | | | |
|----------|---|---------------------------|
| 7. | HSA Communications Manager Update | Roger Horne |
| 8. | AAA Office Move Update | Monique Nowlin |
| 9. | Standing Up to Ageism | Dr. Karen
Gorback |
| 10. | Bylaws Update | Maria Munguia |
| 11. | HSA Update | Monique Nowlin |
| 12. | Other Committee Meetings: | Birdwell/Gitt/
Gorback |
| | a. California Senior Legislature Update | James
Schicker |
| | b. VCAAA Foundation Update | Martha Shapiro |
| | c. LGBTQ Aging Coalition | Maria Munguia |
| 13. | Meeting Calendar FY 2024-2025 | Maria Munguia |
| 14. | Other Business | Maria Munguia |
| 15. | Comments from the Chair | Maria Munguia |
| 11:00 am | 16. Adjournment | |

The next meeting will be:
Wednesday, May 14, 2025 (9:00 am – 11:00 am)

In person at: New Location to be Announced.

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
Advisory Council Meeting Minutes
646 County Square Drive, Suite 100
Ventura, CA 93003
February 12, 2024

Advisory Council Members Present:

Stephanie Belding (Thousand Oaks COA)	Dr. Maria Munguia (Santa Paula COA)
Ron Berkowsky (LGBTQ+ Population)	Carmen Reyes (Camarillo COA)
Alvin Brown (Simi Valley COA)	Anita Ruiz (Piru)
Lynette Harvey (Medical Provider)	Martha Shapiro (Service Provider)
Maureen Hodge (Family Caregiver)	Alice Sweetland (Oxnard COA)
Carol Leish (Disability Population)	Sue Tatangelo (Consumer)
Luis Mendez II (Port Hueneme COA)	Sylvia Taylor-Stein (District 5)
	Susan Zirnite (Simi Valley COA)

Advisory Council Members Absent:

Lyn Cotwright (Moorpark COA)	Anna Reilley (Fillmore COA)
Carina Forsythe (Fillmore COA)	Nancy Rowe (Camarillo COA)
Maureen Hodge (Family Caregiver)	Dr. Karen Gorback (CSL)
Sue Hughes (District 3)	Jeanette Sanchez-Palacios (District 1)
Jonnie Lisman (Port Hueneme COA)	Peter Schreiner (Behavioral Health)
Bill Nugent (Ojai COA)	Dana Tomarken (Santa Paula COA)
Clark Owens (Oxnard COA)	Nita Vaidya (Thousand Oaks COA)
Blair Barker (Service Provider)	Smita Dandekar (District 4)
Brenda Birdwell (CSL)	Tony Gitt (CSL)
Denise Calhoun (District 2)	

VCAAA Staff Members Present:

Monique Nowlin (Division Manager)	Sonia Vaughn (Program Manager)
Sheryl Miller (I&A)	Denise Noguera-Valenzuela (I&A Manager)
Roger Horne (Communications)	Jerrica VanNest (HomeShare)
Alisa Sanchez (Program Assistant)	Jason Sagar (PEARLS/ADRD)
Maricela Pardo (Transportation)	Gray Wilking (MSSP/HCBA)
Cris Rivas (Family Caregiver)	Kari Verdugo (Administrative Specialist)
Giovanny Ortiz (CalZ)	Melissa Livingston (Director)
Aurora Meadows (Registered Dietitian)	Elaine Martinez (Deputy Director)

Members of the Public Present:

Gloria Massey Chinaea	Rolando Chinaea
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- 1) **Call to Order and Agenda Review** – The February 12, 2025, Advisory Council meeting was called to order at 9:01 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Carol Leish.
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. Quorum was not initially reached. The Advisory Council reached a quorum later in the meeting once Susan Zirnite joined.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of November 13, 2024.**

At the time, quorum had not been reached and therefore there was no motion to approve.

- 5) **Public Comments** – Sylvia Taylor-Stein shared that March 6, 2025, from 9AM-3PM at Staybridge Suites in Oxnard, she is sponsoring a symposium called Dementia Beyond Drugs and Disease that is bringing out Dr. Allen Powers from East Coast. Maureen Hodge shared that the Caregiver Coalition will soon be hosting 3 separate 3-hour meetings with a Strategic Planner focusing on what the Coalition is planning to do for the Caregivers in our County. Alice Sweetland would like a space to honor her City of Oxnard residents that are over 100. She shared that City of Oxnard hosts an event for the residents over 100 and there were 3 Oxnard residents honored.
- 6) **Consent Agenda Items**
 - 6.1.1 Housing Committee – November 19, 2024
 - 6.1.2 Housing Committee – January 21, 2025
 - 6.2.1 ADRC Committee – November 20, 2024
 - 6.2.2 ADRC Committee – January 15, 2025
 - 6.3.1 Optimal Aging Committee – November 20, 2024
 - 6.3.2 Optimal Aging Committee – January 22, 2025
 - 6.4 Senior Nutrition and Health Comm. – November 20, 2024
 - 6.5.1 Workforce Committee – November 13, 2024
 - 6.5.2 Workforce Committee – December 12, 2024
 - 6.6 Transportation Committee – quorum not reached

Motion: Approve consent agenda items

Moved by: Sue Tatangelo, seconded by Sylvia Taylor-Stein

Result: Motion passed

INFORMATIONAL ITEMS

- 7) **Communications Manager Update** – Roger Horne shared the many updates made to VCAAA.org website to make the site more user/client friendly. Roger shared his screen and gave a tour of the changes to the meeting attendees.
- 8) **Senior Nutrition Farm/Outdoor Education Farm Update** – Melissa Livingston, HSA Director, shared that many tough decisions and changes have been made to align with budgetary constraints. More below in 10 – HSA Update
- 9) **Bylaws Update**– Chair Dr. Maria Munguia shared Bylaws Committee update. Committee Members are Dr. Munguia, Sue Tatangelo, Carol Leish and Dr. Gorback. Please review Bylaws (11 pages) and send any questions or recommendations directly to Dr. Munguia so that she can compile and bring to the Bylaws Committee Meeting.
- 10) **HSA Update** – Melissa Livingston, will be retiring in April but vows to be at all Advisory Council Meetings through her retirement. Melissa plans to work in tandem with whoever is selected to fill the vacancy she will leave behind. Melissa share that VCAAA's budget was upside down by 4 Million Dollars in July 2023 when they came under HSA. Business as usual could not continue due to budgetary constraints. General Fund is leveraged and mandated to go toward State mandated programs. Melissa took questions from Board Members and shared about her upcoming retirement. Melissa is hopeful she will be able to work closely with her replacement for a couple months to make sure the handoff is warm and that the good work continues and is prioritized.
- 11) **Other Committee Meetings:**
 - a. **California Senior Legislature Update** – All three CSL members were absent and will provide their update at the March meeting instead.
 - b. **VCAAA Foundation Update** – James Schicker shared that VCAAAF contributed upwards of \$30,000 of equipment to Senior Nutrition Farm. Due to the Farm being decommissioned, he donated the equipment to Growing Works out of Camarillo. The folks there are domestic survivors, recovering addicts, those battling with mental health etc.

c. LGBTQ Aging Coalition – Martha Shapiro shared that the Coalitions next meeting will be tomorrow, February 13, 2025. They will be sharing the CSUCI Focus Group students’ report at the meeting.

12) **Meeting Calendar –** FY 2024-2025

13) **Other Business** – Chair Munguia and Alice Sweetland spoke about the vacancies on the Advisory Council Board. Monique and Roger confirm that each city is responsible for filling their own vacancies. Roger can promote the Veterans vacancy.

14) **Comments from the Chair** – Chair thanks Melissa Livinston for her profound speech. She also shared she will be sitting in on TACC Meeting on 2/13/25 and will report on it at next meeting on March 12, 2025.

15) **Adjournment** – Meeting adjourned at 11:13 AM. The next regular meeting for the Advisory Council will be held on March 12, 2025.

Motion: To Adjourn

Moved by: Al Brown, seconded by Lynette Harvey

Result: Motion Passed



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING**

February 12, 2025

9:00 a.m. to 11:00 am

Area Agency on Aging Advisory Council Center

646 County Square Drive, Ventura

<https://us02web.zoom.us/j/85358495921>

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VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

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| | 2. Pledge of Allegiance | Carol Leish |
| | 3. Roll Call and Motion to Accept Online Virtual Attendance for those declaring “Emergency Circumstances” | Alisa Sanchez |
| | 4. Approval of Area Agency on Aging Advisory Council Minutes of November 13, 2024. | Maria Munguia |
| | 5. Public Comments | Maria Munguia |

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

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| 6. | Consent Agenda Items – Committee Reports | Maria Munguia |
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Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

- 6.1.1 Housing Committee – November 19, 2024
- 6.1.2 Housing Committee – January 21, 2025
- 6.2.1 ADRC Committee – November 20, 2024
- 6.2.2 ADRC Committee – January 15, 2025
- 6.3.1 Optimal Aging Committee – November 20, 2024
- 6.3.2 Optimal Aging Committee – January 22, 2025
- 6.4 Senior Nutrition and Health Comm. – November 20, 2024
- 6.5.1 Workforce Committee – November 13, 2024
- 6.5.2 Workforce Committee – December 12, 2024
- 6.6 Transportation Committee – quorum not reached

INFORMATIONAL ITEMS

- | | | |
|----------|---|---|
| 7. | PIO Update | Roger Horne |
| 8. | Senior Nutrition Farm/Outdoor Education Farm Update | Maria Munguia |
| 9. | Bylaws Update | Maria Munguia |
| 10. | HSA Update | Elaine Martinez/
Melissa
Livingston |
| 11. | Other Committee Meetings: | |
| a. | California Senior Legislature Update | Birdwell/Gitt/
Gorback |
| b. | VCAAA Foundation Update | James Schicker |
| c. | LGBTQ Aging Coalition | Martha Shapiro |
| 12. | Meeting Calendar FY 2024-2025 | Maria Munguia |
| 13. | Other Business | Maria Munguia |
| 14. | Comments from the Chair | Maria Munguia |
| 11:00 am | 15. Adjournment | Maria Munguia |

The next meeting will be:
Wednesday, March 12, 2025 (9:00 am – 11:00 am)

In person at 646 County Square Dr Suite 100, Ventura, CA 93003 in the Advisory Council Room.

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
Advisory Council Meeting Minutes
646 County Square Drive, Suite 100
Ventura, CA 93003
November 13, 2024

Advisory Council Members Present:

Blair Barker (Service Provider)	Lynette Harvey (Medical Provider)
Stephanie Belding (Thousand Oaks COA)	Carol Leish (Disability Population)
Ron Berkowsky (LGBTQ+ Population)	Luis Mendez II (Port Hueneme COA)
Brenda Birdwell (CSL)	Dr. Maria Munguia (Santa Paula COA)
Alvin Brown (Simi Valley COA)	Carmen Reyes (Camarillo COA)
Denise Calhoun (District 2)	Martha Shapiro (Service Provider)
Smita Dandekar (District 4)	Alice Sweetland (Oxnard COA)
Tony Gitt (CSL)	Sue Tatangelo (Consumer)
Dr. Karen Gorback (CSL)	Sylvia Taylor-Stein (District 5)
Nita Vaidya (Thousand Oaks COA)	

Advisory Council Members Absent:

Lyn Cotwright (Moorpark COA)	Anna Reilley (Fillmore COA)
Carina Forsythe (Fillmore COA)	Nancy Rowe (Camarillo COA)
Maureen Hodge (Family Caregiver)	Anita Ruiz (At-Large)
Sue Hughes (District 3)	Jeanette Sanchez-Palacios (District 1)
Jonnie Lisman (Port Hueneme COA)	Peter Schreiner (Behavioral Health)
Bill Nugent (Ojai COA)	Dana Tomarken (Santa Paula COA)
Clark Owens (Oxnard COA)	Susan Zirnite (Simi Valley COA)

VCAAA Staff Members Present:

Monique Nowlin (Division Manager)	Sonia Vaughn (Program Manager)
Dr. Haleh Hashemzadeh (HS Manager)	Denise Noguera-Valenzuela (I&A Manager)
Roger Horne (Communications)	Jerrica VanNest (HomeShare)
Alisa Sanchez (Program Assistant)	Jason Sagar (PEARLS/ADRD)
Alyssa Corse (Senior Health & Nutrition)	Julianna Eusanio (Fall Prevention)
Cris Rivas (Family Caregiver)	Kari Verdugo (Administrative Specialist)
Giovanny Ortiz (CalZ)	Gray Wilking (MSSP/HCBA)
Aurora Meadows (Registered Dietitian)	

Members of the Public Present:

Holly Kunkle	Vanessa Acain
Janine Cobian	Deanna Keller
Louise Lehman	Pam Carroll
Phyllis Vettel	Alma Valenueva

- 1) **Call to Order and Agenda Review** – The November 13, 2024, Advisory Council meeting was called to order at 9:01 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Ron Berkowsky.
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. The Advisory Council reached a quorum.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of September 25, 2024.**

Moved by: Sylvia Taylor-Stein, seconded by Denise Calhoun

Result: Motion passed

- 5) **Public Comments** – Sylvia Taylor-Stein shared that there were no fatalities and only volunteer evacuations in the facilities in Camarillo. She also shared about the upcoming Symposium featuring Dr. Alan Powers on March 6, 2025. Denise Calhoun thanked all those who came out and helped put on the Tech Workshop. Stephanie Belding introduced Nita Vaidya as the newest representative of the Thousand Oaks Council on Aging. Ron Berkowsky announced the students he works with from CSUCI have been collaborating with the Optimal Aging Committee to do a Focus Group Study on residents and how they define Optimal Aging. Sue Tatangelo shared that her property caught fire during the recent wildfire, her home was able to be saved and she commends all her neighbors and how everyone came together during that time. Al Brown discussed the funding cuts in his city of Simi Valley and what a hard time they are having getting meals to their residents. Tony Gitt urges members to join the Transportation Committee. Alice Sweetland shared that Bone Builders was started by a VCAA Grant.
- 6) **Consent Agenda Items**
 - 6.1 Housing Committee Report – September 17, 2024
 - 6.2 ADRC Committee Report – September 18, 2024
 - 6.3 Optimal Aging Committee Report – September 19, 2024
 - 6.4 Workforce Committee Report – September 25, 2024
 - 6.5 Senior Nutrition & Health Comm. Report – October 2, 2024
 - 6.6 Transportation Committee – quorum not reached.

Motion: Approve consent agenda items

Moved by: Al Brown, seconded by Sue Tatangelo

Result: Motion passed

ACTION ITEMS

- 7) **ADRC (Aging and Disability Resource Center) 2024 Quarter 4 Data** - Vanessa Acain (of Independent Living Resource Center) and Denise Noguera-Valenzuela presented the PowerPoint Presentation of the reporting of the 2024 Quarter 4 Data for the Aging and Disability Resource Center.

INFORMATIONAL ITEMS

- 8) **Legacy Awards * (Time Certain)** – The Legacy Awards were presented by Alice Sweetland to Dementia Friendly Agency, Santa Clara Valley Hospice, Cathy Kemp from SCVH Board of Directors accepting the award. Business Organization award was given to CAREGIVERS, Tammy Glenn, Executive Director of Caregivers accepting the award. Community Volunteer Awards were given to Sylvia Fulton a Bone Builder Instructor and Marty Blumenthal a volunteer with Senior Concerns.
- 9) **Senior Nutrition Update** – Alyssa Corse reported there is not much of an SNP update. Alyssa continues to meet with HSA Fiscal to discuss Quarter 1 Data and figure out budgets and if any transition plans are needed to amend budgets or contracts. Annual Monitoring to occur in December and January for total of 17 sites.
- 10) **Reading Bylaws** – Chair Munguia asked Advisory Board Members to review VCAAA Bylaws before the January 2025 meeting. Roger Horne will send Bylaws out to Council. Committee members Sue Tatangelo, Carol Leish and Karen Gorback volunteered to be part of a Bylaws review committee.
- 11) **Committee Selection Review** – Alisa Sanchez reviewed the FY 2024-2025 Committee Selections made by Council Members and asked members to come check in with her before leaving the meeting to ensure their committee selection review form is received and on file and to complete one, if not.
- 12) **PIO Update** – Roger Horne shared Outreach numbers with the group: 26 outreach events in September and 37 in October. Upcoming outreach event will take place on Thursday, December 5, 2024 at the Oxnard Performing Arts Center (Senior Expo). Also, Wednesday,

January 15, 2025, at the Goebbel Senior Center there will be a Senior Job Fair and Wellness Expo. VCAAA Staff will be volunteering and assisting at the Local Assistance Center (LAC) post-Mountain Fire.

13) Other Committee Meetings:

a. California Senior Legislature Update – Tony Gitt discussed how the CSL met to review the 20 proposals and 10 were chosen to move forward with for the year.

b. VCAAA Foundation Update – James Schicker joined virtually and shared a brief update – VCAAAF partnered with the Government and Disability Summit in September. James states the Foundation goes dark a bit in November and December but will meet again in January 2025.

c. LGBTQ Aging Coalition – Martha Shapiro spoke about the committee hosting focus groups which will help shape the focus for 2025. The committee will have a table at the Transgender Day of Remembrance which will be held on November 20th at Guthrie Hall at Ventura College.

d. Dementia Friendly Ventura County – Haleh Hashemzadeh shared that Jason Sagar, Martha Shapiro and Giovanni Ortiz trained the restaurant staff at Harvest Country in Newbury Park on being Dementia Friendly. Roger Horne is working on editing a video of that training experience. The video will be added to the VCAAA website once finalized.

14) [Meeting Calendar](#) – FY 2024-2025

15) Other Business – Chair Munguia invited Advisory Council members to individually stand up and reintroduce themselves and who they represent (Ventura County Board of Supervisors, local cities, service providers and focused populations) to foster further learning about each other.

16) Comments from the Chair – Chair Munguia stated that this is the last Advisory Council Meeting for the year and that although it was tumultuous it was transformative. Chair also thanked all in attendance for all the work they all do in and for the Community. Lastly, Dr. Munguia ended the meeting by reading an Apache prayer of selfcare.

17) Adjournment – Meeting adjourned at 10:53 AM. The next regular meeting for the Advisory Council will be held on January 8, 2025.

Motion: To Adjourn

Moved by: Alice Sweetland, seconded by Martha Shapiro

Result: Motion Passed



Legislative Report

CSL Sponsored Bills/Top Priorities

February 21, 2025

BILL #	AUTHOR	SUMMARY	CSL AUTHOR	STATUS
SB 508	Valladares	<u>Out-of-State physicians and surgeons: telehealth: license exemption.</u> This bill would expand life-threatening disease requirement of an eligible patient to include a person who has been diagnosed with any stage of cancer and would provide that cancer patients are not subject to the clinical trial requirement.	Clough AP-1	Click for current status: https://leginfo.legislature.ca.gov/faces/billStatusClient.xhtml?bill_id=202520260SB508
SB 239	Arreguin	<u>Open Meetings: teleconferencing: subsidiary body.</u> This bill would authorize a subsidiary body to use alternative teleconferencing provisions and would impose requirements for notice, agenda and public participation. See bill language for additional requirements.	Lipson SP-4	Click for current status: https://leginfo.legislature.ca.gov/faces/billStatusClient.xhtml?bill_id=202520260SB239
Budget Ask	Ahrens	<u>Increase Medi-Cal Personal Needs Allowance.</u> This request would increase the personal needs allowance from \$35 to \$50 per month and require that the amount be increased annually up to the amount of any cost-of-living adjustment implemented by the US Social Security Administration.	Lopez SP-5	

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CSL Support Bills

BILL #	AUTHOR	SUMMARY	STATUS
AB 1	Connolly	<p><u>Residential Property Insurance: Wildfire risk.</u> This measure would require before January 1, 2030, and every five years after, the Department of Insurance to consider whether or not to update regulations to include additional building hardening measures for property level mitigation efforts and communitywide wildfire mitigation programs. This would also include the Department to identify additional building hardening measures to consider as well as require public participation during the evaluation.</p>	<p>Click for Current Status: https://leginfo.legislature.ca.gov/faces/billStatusClient.xhtml?bill_id=202520260AB1</p>
SB 242	Blakespear	<p><u>Medicare supplement coverage: open enrollment periods.</u> This bill will give more rights to people with Medicare who seek to purchase Medicare Supplemental Health Insurance (Medigap). Specifically, the bill would create an annual Medigap open enrollment period and stop health insurance companies from denying coverage or raising premiums because of preexisting medical conditions.</p>	<p>Click for Current Status: https://leginfo.legislature.ca.gov/faces/billStatusClient.xhtml?bill_id=202520260SB242</p>

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**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE
FY 2024-2025**

All Advisory Council meetings are held in person.

All sub-committee meetings are held via Zoom.

	Advisory Council	ADRC	Transportation	Housing	Senior Nutrition & Health	Optimal Aging	Workforce
July	July 10 9-11 a.m.	July 17 1 - 2 p.m.	July 10 11:15 – 12:15 p.m.	July 16 2 – 3 p.m.	July 24 12:30 – 1:30 p.m.	July 24 2 – 3:00 p.m.	July 18 10 – 11 a.m.
August							
September	Sept 25 9-11 a.m.	Sept 18 1 - 2 p.m.	Sept 25 11:15 – 12:15 p.m.	Sept 17 2 – 3 p.m.	Sept 25 12:30 – 1:30 p.m.	Sept 25 2 – 3:00 p.m.	Sept 19 10 – 11 a.m.
October							
November	Nov 13 9-11 a.m.	Nov 20 1 - 2 p.m.	Nov 13 11:15 – 12:15 p.m.	Nov 19 2 – 3 p.m.	Nov 22 12:30 – 1:30 p.m.	Nov 20* 2 – 3:00 p.m.	Nov 21 10 – 11 a.m.
December							
January		Jan 15 1 - 2 p.m.	Jan 8 11:15 – 12:15 p.m.	Jan 21 2 – 3 p.m.		Jan 22 2 – 3:00 p.m.	Jan 16 10 – 11 a.m.
February	Feb 12 9-11 a.m.				Feb 19 12:30 – 1:30 p.m.		
March	March 12 9-11 a.m.	March 19 1 - 2 p.m.	March 12 11:15 – 12:15 p.m.	March 18 2 – 3 p.m.	March 27 12:30 – 1:30 p.m.	March 26 2 – 3:00 p.m.	March 20 10 – 11 a.m.
April							
May	May 14 9-11 a.m.	May 21 1 - 2 p.m.	May 14 11:15 – 12:15 p.m.	May 20 2 – 3 p.m.	May 22 12:30 – 1:30 p.m.	May 28 2 – 3:00 p.m.	May 15 10 – 11 a.m.
June							

*Changed the date from 11/27/24 because the next day is Thanksgiving

New Member Orientation will be held as needed. Please email alisa.sanchez@ventura.org for the registration link.