



COUNTY of VENTURA

Area Agency on Aging

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Specialized Case Management for Persons with Alzheimer's Disease or Related Dementia

Care Management to Help People Remain at Home

The intent of the program is to prevent premature or inappropriate institutionalization of adults who live alone and have Alzheimer's Disease or Related Dementia (ADRD) or adults that have an intellectual or development disability and have a diagnosis of or are at risk of developing ADRD. The program intends to do this by providing case management as well as comprehensive Information and Assistance services. This program is designed to assist individuals at risk of institutionalization who are not receiving other case management services. The Care Manager is expected to use the client's informal support system and existing community. The ADRD program aims to reduce costs and enable clients to keep living in their homes and enjoy a higher quality of life.

To get these services, you must:

- Live in Ventura County
- Be at risk of institutionalization
- Be able to be maintained in the community with the program
- Meet one of the following:
 - a) Live alone, have Alzheimer's Disease or Related Dementia (ADRD), and need supportive services in order to remain in the community OR
 - b) Have an intellectual or developmental disability and have a diagnosis of or are likely to get Alzheimer's Disease or Related Dementia (ADRD)

Care Management Services

Care Managers are either a social worker (e.g. BSW) or nurse (RN). Care management services include:

- Conducting home visits based on clients' needs and acuity
- Contacting clients, in-person or by phone, at least once a month
- Making a full review of the client's and family's needs
- Creating a Care Plan with the client to meet their needs through family/community resources
- Purchasing services/items that are not available through family and community resources
- Connecting the client to services that meet the Care Plan goals
- Reviewing the client's needs regularly to track the progress of services
- Helping the client keep services and find new ones

Coordinated Services

Care Managers coordinate a wide range of services based on the client's needs including:

- Community-Based Adult Services (formerly Adult Day Health Care)
- Medical Equipment (Grab Bars, Hospital Beds, Bath Chairs, etc.)
- Non-medical Equipment (Medical Alert Systems, Ramps, Heaters, Fans, etc.)
- Supplemental Personal Care, Homemaker Chore Services, Caregiver Relief
- Transportation
- Minor Home Repairs
- Counseling for Mental and/or Medical Issues