

VCAAA SEMINARS ON BRAIN HEALTH & WELLNESS



The Ventura County Area Agency on Aging's Seminars on Brain Health & Wellness are a series of informational presentations designed to provide critical resources for Ventura County residents living with a dementia-related diagnosis and their caregivers, and for any individual with concerns related to cognitive health. We are excited to welcome all Ventura County residents who are interested in learning more about navigating local services targeted at optimizing quality of life.

The seminars were inspired by the VCAAA's Advisory Council's commitment to making critical resources more accessible to older adults, people with disabilities, and caregivers.

All seminars are held virtually from 12 p.m. – 1p.m.

[Click here to register for one or more of the events.](#)

June 16, 2022 - Adult Day Health Care

July 21, 2022 - In-Home Care

August 18, 2022 - Caregiver Resources

September 15, 2022 - Alzheimer's Association

October 20, 2022 - Financial Services, Resources, and Workshops

November 17, 2022 - Criticality of Neurological Services

December 15, 2022 - Ventura County Memory Cafes



COUNTY of VENTURA
Area Agency on Aging